

**THE PACIFIC INSTITUTE®** offers an opportunity to experience the *Discovering the Power in Me* education program, designed to support people who have been affected by traumatic injuries, including PTSD and Blast Syndrome (and their families and caregivers). The 2-day program equips participants with an understanding of how the mind works and provides tools and techniques to help them assume an active role in achieving the kind of meaningful life they want for themselves. The education is based on the most current research in cognitive psychology from world-renowned experts including Dr. Albert Bandura. Lou Tice, award-winning educator noted for his effective, empathetic delivery, is the teacher in a video-based facilitation intended for participants to:

- ✓ **Understand how the mind works**
- ✓ **Increase self worth and esteem**
- ✓ **Examine perception versus reality**
- ✓ **Expand awareness of potential**
- ✓ **Increase self motivation**
- ✓ **Design “new pictures” of the future**
- ✓ **Take accountability for re-shaping goals**
- ✓ **Safely grow out of “comfort zones”**
- ✓ **Create a future of strength and hope**

Seating is limited. Please send as soon as possible the Registration Form below to Susan Sloan at **704-489-1463** (fax) or **sdsloan@aol.com**. For further information call Susan at 704-483-8388. Checks/CC/PO's payable to The Pacific Institute.

**Event Details:**

**Date:** September 19 - 20, 2012

**Time:** 0900 – 1600 HRS.

**Location: National Defense Industrial Association**

2111 Wilson Blvd, Suite 400,  
Arlington VA 22201

(One block from Courthouse Road Metro Station. Guest parking available in building.)

**Introductory Tuition: \$100 per person\***

*\*Includes all materials and buffet luncheons.*

*\*Tuition Scholarships Available*

Name:

Organization:

Address:

Phone:

Fax:

Email:

**Payment**

Cash     Check     Credit Card

Card Type: \_\_\_\_\_

Card #: \_\_\_\_\_

Print Name: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_